

November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Saturday practices are OPTIONAL for Junior High wrestlers.					1	2
3 *There are no Junior High Practices the days of Varsity Tournaments.	4 Open Gym 3 – 5	5 Open Gym 3 – 5	6 Open Gym 3 – 5	7 Open Gym 3 – 5	8	9
10	11 Open Gym 3 – 5	12 Open Gym 3 – 5	13 Open Gym 3 – 5	14 Open Gym 3 – 5	15 No School	16
17	18 First Practice 3 – 5	19 Practice 3 – 5	20 Practice 3 – 5	21 Practice 3 – 5	22 Practice 3 – 5	23 Practice 8 – 10
24	25 Practice 3 – 5	26 Practice 3 – 5	27 No School Practice 8 – 10	28 No School NO PRACTICE	29 No School Practice 8 – 10	30 NO PRACTICE

December 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 No School NO PRACTICE	3 Practice 3 – 5	4 Practice 3 – 5 TEAM PICTURES 4:30	5 Practice 3 – 5	6 Varsity Only Duals Tourn @ Newport Departure: 2:00 Wrestling Begins: 5:00	7
8	9 Practice 3 – 5	10 Practice 3 – 5	11 Meet vs. James Buchanan Set-Up: 4:30 JH: 6:00, V: 7:00	12 Practice 3 – 5	13 Varsity Only Tournament @ Carlisle Departure: 11:45 Wrestling Begins: 3:30	14 Varsity Only Tournament @ Carlisle Wrestling Begins: 9:00
15	16 Practice 3 – 5	17 Practice 3 – 5	18 Meet vs. Littlestown Set-Up: 4:30 JH: 6:00, V: 7:00	19 Practice 3 – 5	20 Practice 3 – 5	21
22	23 No School Practice 8 – 10	24 No School NO PRACTICE	25 No School NO PRACTICE	26 No School Practice 8 – 10	27 No School Practice 8 – 10	28 No School Practice 8 – 10
29	30 No School Practice 8 – 10	31 No School Practice 8 – 10				

January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 No School Practice 3 – 5	2 Meet vs. Biglerville Set-Up: 4:30 JH: 6:00, V: 7:00	3 Varsity Only Tourn @ North Hagerstown Departure: 1:30 Wrestling Begins: 4:30	4 Varsity Only Tourn @ North Hagerstown Departure: 7:00 Wrestling Begins: 9:00
5	6 Practice 3 – 5	7 Practice 3 – 5	8 Meet @ Bermudian Springs Departure: 4:15 JH: 6:00, V: 7:00	9 Practice 3 – 5	10 Practice 3 – 5	11
12	13 Practice 3 – 5	14 Meet vs. Delone Catholic Set-Up: 4:30 JH: 6:00, V: 7:00	15 Practice 3 – 5	16 Practice 3 – 5	17 Varsity Only Tournament @ New Oxford Departure: 2:30 Wrestling Begins: 5:00	18 Varsity Only Tournament @ New Oxford Departure: 7:00 Wrestling Begins: 9:00
19	20 No School Practice 8 – 10	21 Meet @ York Tech. Departure: 4:00 Varsity Only: 7:00	22 Practice 3 – 5	23 Meet @ Hanover Departure: 4:15 JH: 6:00, V: 7:00	24 Practice 3 – 5 Tournament Set-Up	25 Fairfield Junior High Tournament Wrestling Begins: 9:00
26 *Junior High Season is over; practices are now optional for JH wrestlers.	27 Practice 3 – 5	28 Practice 3 – 5	29 Practice 3 – 5	30 Practice 3 – 5	31 Practice 3 – 5	

February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Practice 3 – 5	4 Practice 3 – 5	5 Practice 3 – 5	6 Practice 3 – 5	7 Practice 3 – 5	8
9	10 Practice 3 – 5	11 Practice 3 – 5	12 Practice 3 – 5	13 Practice 3 – 5	14 Sectionals @ Susquenita Departure: _____ Wrestling Begins: _____	15 Sectionals @ Susquenita Departure: _____ Wrestling Begins: _____
16	17 No School Practice 8 – 10	18 Practice 3 – 5	19 Practice 3 – 5	20 Practice 3 – 5	21 Districts @ CD East Departure: _____ Wrestling Begins: _____	22 Districts @ CD East Departure: _____ Wrestling Begins: _____
23	24	25	26	27	28 Regionals @ Wilson Departure: _____ Wrestling Begins: _____	29 Regionals @ Wilson Departure: _____ Wrestling Begins: _____

March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 Registration & Practice @ Hershey Departure: 3:00	5 States @ Hershey Wrestling Begins:_____	6 No School States @ Hershey Wrestling Begins:_____	7 States @ Hershey Wrestling Begins:_____
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



Sign up for important updates from Coach Hoffacker.

Get information for Fairfield Area Middle School right on your phone—not on handouts.

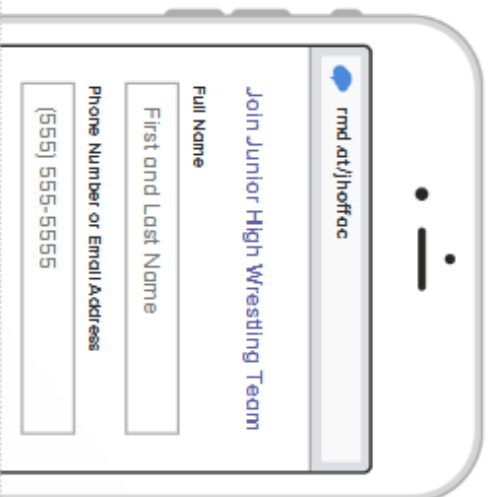
Pick a way to receive messages for Junior High Wrestling Team:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/jhoffac

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



B If you don't have a smartphone, get text notifications.

Text the message @jhoffac to the number 81010.

If you're having trouble with 81010, try texting @jhoffac to (718) 502-8411.

* Standard text message rates apply.



Don't have a mobile phone? Go to rmd.at/jhoffac on a desktop computer to sign up for email notifications.

Junior High Parents: Please sign-up for remind. Use this for any scheduling questions and to send in absentee notes for any practices missed.